

小山 渉 個展

”Snap out of it 正気を取り戻せ”

#### Statement

春の季節は昔から変な人が多くなるとよく言われます。その理由は冬から春を迎えることによって起こる寒暖差による自律神経の乱れや交感神経の鈍化、動物として本能的に発情期を迎えるといった諸説が語られます。私も近頃は人と会いたくない気持ちから、夜中に一人でウロウロ徘徊するようになり、引きこもりの時を思い出して、なんだか落ち着きがない日々です。

変な人、まともじゃない人というのはどういうことなのか。普通ではないということだから、いわゆる社会規範から逸脱した状態なのだろうと想像します。解放された状態というのは何とも清々しい、気持ちがよいイメージも想像しますが、多くの人々と異なる振る舞いというのは、やはりどうしても他者からは理解されず、畏怖や侮蔑の対象となることの方が多いかもしれません。他者を傷つけるようなことであれば、なおさら許されないことでしょう。しかし、例えば規範や倫理を気にしない行為が、個人にとっての正気を取り戻そうとする抗いなのだとしたら、それは、ある意味でまともであるような気もします。何が狂っていて、何がまともであるのか。そもそも個人の数だけ正気があるのだと思いますが、混乱が著しい社会では、正気について判断することはより一層難しいように感じます。

展示タイトルの”Snap out of it”とは、「さっと立ち直る」「目を覚ませ」「正気を取り戻せ」という意味を持ちます。その言葉を考える時、逆説的にそもそもまともであるとは何なのか、と問われているような気持ちにさせられます。本展では、Snap out of it という言葉を軸に、正気や狂気、社会的規範や倫理観にまつわるいくつかの作品展示を行い、「まともについて」を考える試みです。

Wataru Koyama Solo exhibition

“Snap out of it”

#### Statement

It is often said that spring has always been a season of strange people. The reasons for this are said to include autonomic nervous system disorders and a slowing of the sympathetic nervous system due to the difference in temperature between winter and spring, as well as the instinctive mating season that we all go through as animals. Recently, I have been wandering around alone in the middle of the night because I don't want to see other people, which reminds me of the time when I was a shut-in, and I am feeling somewhat restless.

What does it mean to be a strange or unusual person? I imagine that since it means not normal, it must be a state of deviation from the so-called social norm. Although we imagine that being liberated is a refreshing and pleasant image, we also imagine that being different from most people is something that is not understood by others and is more likely to be an object of awe and contempt. It is even more unacceptable to do something that hurts others. However, if, for example, an act that does not care about norms and ethics is a defiance to restore sanity to an individual, then it is, in a sense, sane. What is crazy and what is sane? I believe that there is as much sanity as there are individuals, but I feel that it is even more difficult to judge sanity in a society where there is so much turmoil.

The title of the exhibition, "Snap out of it," means to "wake up," or "come to your senses. When I think about this phrase, I feel as if I am being asked, paradoxically, what it means to be sane in the first place. This exhibition is an attempt to consider "what it means to be sane" by exhibiting several works related to sanity, insanity, social norms, and ethics, centered on the phrase snap out of it.